

Dr. Tracy Ng, L.Ac., DAOM

Doctor of Oriental Medicine | Licensed Acupuncturist
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WELCOME TO THE OFFICE

Please plan to be in the office approximately 60–90 minutes

Thank you for choosing my practice. It is a privilege to support you in your health.

PREPARING FOR YOUR FIRST VISIT

- Completed Health History Form
- Photos of your current vitamins, herbal, or homeopathic supplements
- Any relevant laboratory results, imaging (X-rays, MRI, scans), or diagnostic reports

During your initial visit, I will spend dedicated time reviewing your health history and current concerns in detail. Your visit will also include an acupuncture treatment.

PARKING & ARRIVAL

202 Bicknell Avenue is located two blocks south of Pico, just off Main Street. There is ample metered parking, as well as street parking on Bicknell and 3rd Street. Please observe posted signs for street cleaning and parking restrictions.

PAYMENT

Payment is due at the time of each visit for services rendered, as well as any nutritional or herbal supplements provided.

Patients submit their own insurance claims. A superbill can be provided for your convenience.

Payment may be made by cash, check, Apple Pay, Venmo, Zelle, or major credit cards.

SCHEDULING

If you need to reschedule your appointment, I kindly request at least 48 hours' notice so that I may offer your time to another patient.

If you have any questions prior to your visit, please don't hesitate to reach out. I'm always happy to help.

APPROACH TO CARE

My approach to care is rooted in both traditional Chinese medicine and modern clinical understanding. I work to support the body's natural ability to restore balance, with attention to the full picture of your health—physical, emotional, and lifestyle factors.

Each treatment begins with thoughtful listening and a detailed understanding of your history and goals. Care is individualized, with the intention of addressing root causes and creating sustainable, long-term improvement.

Treatment may incorporate acupuncture, cupping, herbal medicine, along with supportive guidance in nutrition and lifestyle, based on your individual presentation.

I strive to create an environment where you feel at ease, supported, and engaged in your care.

COMMONLY ADDRESSED CONCERNS

Patients seek care for a range of concerns, including:

- Pain and musculoskeletal conditions (back pain, neck tension, injuries, headaches)
- Stress, anxiety, and emotional well-being
- Sleep concerns and fatigue
- Digestive health and gut-related conditions
- Hormonal balance and endocrine health
- Women's health, fertility, and menstrual health
- Men's health and hormonal support
- Immune health and preventative care

For additional details on treatment and what to expect, please visit the FAQ section on my website.

I look forward to caring for you.

Warmly,

Dr. Tracy